



March 11, 2020

Dear OFY Families,

As you are likely aware, a virus known as the Novel Coronavirus (COVID-19) that originated in Wuhan, China, has recently spread to other regions, including the United States. While there are reported cases of the virus in California, none have been reported in our schools at this time. However, we are closely monitoring the situation and connecting with local, state, and federal public health agencies for guidance in maintaining a safe environment for students and staff.

To that end, we encourage you and your family to engage in the following best practices, as recommended by the Center for Disease Control (CDC), to limit the spread of all infectious diseases:

- **Wash your hands regularly** using warm water and soap, lathering for at least 20 seconds, especially before and after eating, and after using the restroom. This is the most effective way to reduce the spread of a virus such as the flu.
- **Avoid touching your mouth, nose, and eyes** as much as possible, especially with unwashed hands.
- **Cover your mouth and nose when sneezing or coughing.** If a tissue is unavailable, cough or sneeze into your inner elbow.
- We encourage you to **heed safe reentry guidance from the CDC if your family has recently returned from travel from a country with a level III travel warning.**
- **If you or your child is feeling ill, stay home** if possible and seek medical attention if you're exhibiting symptoms that concern you. If your child has a fever over 100.4°F, they should be kept at home until their temperature returns to normal for a full 24 hours without the aid of fever-reducing medication.

If you have any questions or concerns about COVID-19, we encourage you to seek instruction from public health experts like the [CDC](#), [World Health Organization](#), and your local [Public Health Department](#).

As always, we will continue to keep you informed of any developments related to student safety. In the meantime, we appreciate your attention and composure in this matter.

Sincerely,

Options For Youth Leadership