



March 25, 2020

Dear OFY Families,

We hope that you're finding the transition to distance learning convenient under the circumstances. Though intended to keep California residents safe, the statewide stay-in-place order has been challenging for many. As we all adjust to a new way of living, we wanted to offer you some resources that may be helpful during this time -

- If your child is taking an online course through Edmentum, we encourage you to stay connected to their progress via *Sensei for Families*. Using this parent portal, you will be able to view their assignment due dates and progress, and grades. To get access to this, simply provide your email address to your child's teacher. You will receive a welcome email with a link to set up your password.
- The CDE has compiled a list of internet and cell phone providers offering extended services at affordable prices. You can view that list [here](#).
- For updates on the virus and social distancing information, we recommend you visit the sites of leading public health experts
 - [Centers for Disease Control and Prevention \(CDC\)](#)
 - [The World Health Organization \(WHO\)](#)
 - [The Public Health Department](#)
- Mental wellness is an important part of our response to the coronavirus pandemic. For tips and information on how to manage your stress and your child's stress, read [this article](#) from the CDC.
- As always, if your child is struggling with anything, from assignments to technology needs to meals, please talk to their teacher as soon as possible. Though we may not be able to see each other face-to-face, we are still here for you and your family. The sooner we know about your struggles, the sooner we can arrange to get you some help.
- Don't forget to follow OFY on social media so you can stay abreast of school changes related to COVID-19.

Sincerely,

Options For Youth Leadership